

## ESTHETICIAN PROGRAM COURSE OUTLINE

**ESTHETICIAN (700 Hours) DESCRIPTION:** Esthetics students receive training in the art and science of the care and beautification of skin. The primary purpose of the esthetician course is to train the student in the basic manipulative skills, safety judgments, proper work habits, and desirable attitudes necessary to achieve competency in job entry-level skills and obtain licensure and gainful employment in the field of esthetics or related career avenue. The course study includes instruction in chemistry of skin care, anatomy and physiology of the arm, chest, back, and face, conditions and disorders of skin, bacteriology, disinfection, sterilization and sanitation. Facials, waxing & tweezing, make up, and skin analysis, machinery are incorporated by means of theory and practical application on both mannequins and live models. Also included in the course of study are salon planning, management, salesmanship and retailing. Ninety hours of classroom instruction are required before students receive practical, hands-on opportunities to apply skills. Instructional Philosophy: By developing each student mentally, professionally, and personally each student will leave this class not only with a great knowledge of this field but become a more rounded employer, colleague and over all person.

**ESTHETICIAN OBJECTIVES:** The Academy provides education in all phases of esthetics and upon completion of our esthetics course, the student shall demonstrate the ability to pass the State Board Exam and enter a salon or spa with skills needed to successfully service the public. The Esthetician program is designed:

- **To Develop:** Personality skills as well as mechanical skills, marketing and sales skills to become successful.
- **To Employ:** Basic first aid measures, safety precautions, sanitation and sterilization.
- **To Perform:** Facial, Body Scrubs, and Make-up application.
- **To Practice:** Hygiene, good grooming, professional ethics, personality development and good salesmanship

**REFERENCES:** Students follow Milady's Standard: Cosmetology. A comprehensive library of references, books, texts, DVD's, audio/video tapes and web-based materials are available to support the course of study and supplement the students' training. Students should avail themselves of the opportunity to use these extensive materials.

**TEACHING AND LEARNING METHODS:** The clock hour education is provided through a sequential set of learning steps that address specific tasks necessary for state board preparation, graduation and job entry level skills. Student Salon equipment, implements, and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative, and productive career oriented activities. The courses are presented through comprehensive lesson plans that reflect effective educational methods. Subjects are presented by means of interactive lecture, demonstration, cooperative learning, labs, student salon activities, and student participation. Audio-visual aids, guest speakers, field trips, projects, activities, and other related learning methods are used in the course.

**GRADING PROCEDURES:** The qualitative element used to determine academic progress is a reasonable system of grades as determined by assigned academic learning. Academic learning (Theory) is evaluated after each unit of study. Practical assignments are evaluated as completed and counted towards course completion only when rated as a satisfactory or better. (The computer system will reflect completion of the practical assignments as a 100% rating). If the performance does not meet satisfactory requirements, it is not counted and the performance must be repeated. Comprehensive practical skills evaluations are given after each assigned Phase Class. There are more advanced class comprehensive practical skills evaluations. There are numerous comprehensive practical skills evaluations during the course of study. Comprehensive practical skills are evaluated according to text procedures and set forth in comprehensive practical skills evaluation criteria adopted by the school. Students must maintain a written grade average of 75% and pass a FINAL written and comprehensive practical skills evaluation prior to graduation. Students must make up failed or missed tests and incomplete assignments. According to the Indiana Professional Licensing Agency 820 IAC 4-4-8 SCHOOL EXAMINATIONS, all examination shall be passed with at least seventy-five percent (75%).

Theory and comprehensive practical skills evaluations will be graded on a scale from 0 to 100%. To be making satisfactory progress, a student must maintain a minimum overall grade point average of 75% (based on accumulated theory & comprehensive practical skills examinations)

#### Grading Scale for Written and Comprehensive Practical Skills Evaluations

ACADEMIC PROGRESS EVALUATION work is as follows:

93-100	Excellent
85-92	Very Good
75-84	Satisfactory
74%	or below Unsatisfactory

**UNIT OF INSTRUCTION:** The **Esthetician course** of study consists of 700 clock hours. Each of the subjects listed below will be covered in theory and/or practical work. Our curriculum integration embraces not just the interweaving of academics (e.g., theory and demonstration) but also the practical skills (e.g., sanitation and actual practice) to create a solid connection between the two areas. It is much more effective in relation to each other than to be taught separately. Our procedural approach enables the student to acquire both the knowledge and professional skills to be successful in their career path.

## UNIT OF INSTRUCTION FOR ESTHETICIAN

Subject	Theory Demo Practice	Actual Practice	Total Hours	Subject	Theory Demo Practice	Actual Practice	Total Hours
Chemistry of skin care	15	25	40	Hair removal (superfluous hair)	15	55	70
Physiology and histology	30	30	60	Tweezing, waxing and depilatories 1) Eyebrow arching 2) Lip, chin, and face 3) Leg 4) Body areas			
1) Anatomy 2) Skin & Gland structure & function 3) Conditions & disorders of the skin 4) Histology of skin, cells & tissue				Introduction to advanced spa techniques	10	15	25
Bacteriology, disinfection, sterilization, and sanitation	15	20	35	1) Exfoliation techniques 2) Advanced techniques			
1) Personal hygiene 2) Public health 3) Sanitation, disinfection, and sterilization 4) Methods and procedures				Safety precautions	5	15	20
Introduction and operation to skin care Machinery	20	30	50	1) In skin care 2) Machinery (electrical) 3) Facial treatments 4) Makeup			
1) Types of current 2) Purpose and effects				Professional and personality development	20		20
Introduction to skin care	15	30	45	1) Professional ethics and practices 2) Personality development 3) Personal attitude and image			
1) Facial structure 2) Skin analysis 3) Patron appointments & consultation				Salesmanship, marketing, salon management, and retailing	25	20	45
Skin Care	35	120	155	1) Salon development 2) Insurance 3) Client records			
1) Massage and cleansing procedures 2) Movements in facial massage manipulations 3) Mask and packs 4) Massage and cleansing hands and feet 5) Extraction technique				State statutes and rules	10		10
Makeup	15	40	55	Discretionary hours	70		70
1) Contouring 2) Application 3) Color accent 4) Purpose & effects 5) Supplies & implements 6) Preparation and procedures 7) Eyelash application				Total	300	400	700

All acne treatments, makeup applications, advanced techniques; and waxing must be done on live models. At least fifty percent (50%) of the other services must be done on live models. The actual practice not described above may be on actual customers of the cosmetology school. However, students shall not work on customers of the cosmetology school until they have completed a total of ninety (90) hours. Customers shall be rotated according to students' needs for practice on live models.

The above hour requirements must be met by each student in each category in order for the earned hours to be accepted by the applicable regulatory agency. The generous portion of discretionary hours will be applied as needed in the curriculum related areas or if the Student desires to specialize in a specific area.